

*28th*  
**ANNUAL**  
FREEDOM FESTIVAL  
**5K-8K**  
**RUN & WALK**  
TODDLER TROT



**JULY 4**  
2026

**ASPIRE HILLS & DALES MEDICAL ARTS BUILDING**  
**6190 HOSPITAL DR. CASS CITY, MI 48726**



SCAN TO  
REGISTER

<https://runsignup.com/Race/MI/CassCity/FreedomFestivalRaces>

**Moderately hilly course within the Village of Cass City. Water stations on the course. Snacks and cold drinks provided after the race. Medals for the top 3 places in each division, overall, and masters. Race t-shirts for those registered by June 12th.**

**\$30 by 6/30/26**  
**\$35 after 6/30/26**  
**\$10 Toddler Trot**

 **ASPIRE** RURAL  
HEALTH  
SYSTEM  
**FOUNDATION**

*Proceeds to support therapy equipment upgrades  
at Cass City Center for Rehabilitation.*

# 28th ANNUAL FREEDOM FESTIVAL

## 5K-8K RUN & WALK

### TODDLER TROT



**JULY 4, 2026** 6:30am Registration • 7:30am Toddler Trot • 8:00am 5K/8K

**Location:** Start/Finish at Aspire Hills & Dales Medical Arts Building, 6190 Hospital Drive, Cass City, MI 48726.

**Course:** A moderately hilly course within the village of Cass City. Water stations available on 5K & 8K routes.

**Accommodations:** Restrooms onsite. Snacks & beverages available following the race and during awards distribution.

**Divisions:** Toddler Trot 7 & Under, 8-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60+

**Awards:** Toddler Trot all receive medals. 5K Walk, 5K Run, 8K Run overall male/female and masters male/female winners. Medals for top three places in each age/sex division. Participants must complete the full course on their own to qualify for an award.

**T-shirts:** T-shirts given to all participants who pre-register before June 12, 2026. After the June 12 deadline, we will still record your size, but a t-shirt will not be guaranteed. They will be on a first come, first serve basis on the morning of the event.

**The Toddler Trot:** For kids 7 years & younger, the course is 1/2 mile long around the hospital. The race will start at 7:30 a.m. and must be completed by 7:50 a.m. Parents are welcome to run with kids. There will be crossing guards

**REGISTER ONLINE!**

**Return This Portion**

**REGISTRATION**

Male  Female Age on Race Day: \_\_\_\_\_

Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home/Cell Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

**Race Options:**

5K Run  8K Run  5K Walk  Toddler Trot

**Shirt Size:**

2T  3T  4T  5T  YS  YM  YL

S  M  L  XL  2XL  3XL

*Make additional copies if needed or use convenient online registration.*

**PAYMENT INFORMATION**

**\$30 by 6/30/26 \$35 after 6/30/26 \$10 Toddler Trot**

**TOTAL** \_\_\_\_\_

Free - Sponsored Race

Check payable to Aspire Rural Health System Foundation is enclosed.

Mail to: Aspire Rural Health System Foundation  
Attn: Brooke Mallory 5K/8K  
4675 Hill St., Cass City, MI 48726  
Or scan/email to: [brooke.mallory@aspirerhs.org](mailto:brooke.mallory@aspirerhs.org)

Please charge my credit card in the amount of \$ \_\_\_\_\_

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ V-Code: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**RELEASE**

In consideration of participation of the Toddler Trot, 5K/8K Run and 5K Walk, I am aware that it can be a potentially hazardous activity. I, for myself, my heirs, executors, and administrators, waive all rights and claims for damages I may have against Aspire Hills & Dales, the Village of Cass City and all sponsors for any and all injuries suffered by me associated with this Run/Walk, including, but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I also state that I am in proper physical condition to participate in my respective event. Further, I hereby grant full permission to any and all foregoing to use any photographs, videotapes or any other record of this event for any legitimate purpose.

\_\_\_\_\_  
Signature (parent/guardian if under 18 years old)

\_\_\_\_\_  
Date